

**Essence:** Sweet children, never become lazy in *service*. Churn the ocean of knowledge and *act* upon whatever Baba tells you.

**Question:** Which children is the Father always pleased with?

**Answer:** The Father is pleased with the children who do their own *service* and *follow* the Father, those who are worthy and follow the path that the Father has shown them. Baba says: Children, never cause harm to yourselves. In order to caution yourself, keep a picture of your *aim* and *objective* in your *pocket*. Look at it again and again and you will experience a lot of happiness. You will then be able to maintain the intoxication of claiming a kingdom.

**Song:** Salutations to Shiva.

Om shanti. The One whose praise you heard is now personally sitting in front of you and is teaching you Raja Yoga. Someone who accomplished something in the past is praised later on. For instance, Shankaracharya established his religion of renunciation; he is therefore definitely praised here at this time. It cannot be said: The *dynasty* of sannyasis. In many other religions there are *dynasties* of kings. There is no *dynasty* of kings among the sannyasis as there is in Christian kingdoms. Just as they have a religion and a kingdom, in the same way the deities also have a religion and a kingdom. There are even images made of that. Below the deities you are shown doing the tapasya of Raja Yoga and above that the kingdom is portrayed. Your faces of this time are portrayed in that kingdom. You cannot lay your hands on a portrait of your future names and forms at this time. You understand that you are now studying Raja Yoga, and that you will later have a crown and rule a kingdom. Your name, form and everything will have changed. The children who understand that they are now claiming their status for the future kingdom should also keep these pictures with themselves, especially those who are the decoration of the Brahmin clan and who have faith. All of you have faith. You say: We will marry Shri Narayan. So, let there be the image of you doing Raja Yoga, and above that the images of your kingdom, and above that the image of Shiv Baba. This picture should show the *contrast* between Shankaracharya and this One who is God Shivacharya, the Ocean of Knowledge. Shankaracharya is a knowledgeable soul who relates knowledge. For what purpose does he relate that knowledge? To make you into hatha yogis and renunciates of karma. His picture is completely different. The way he sits is different, and so that should also be shown in the picture. The picture should show him sitting as a hatha yogi in an orange robe, and with a shaven head, so that the *contrast* can be seen. They take rebirth here. If you churn the ocean of knowledge about these matters, you can accomplish a lot and do a lot of *service*. However, very few make this type of effort. Maya deceives you a great deal and makes you very lazy in *service*. So, you should create pictures of those of the sannyas religion and write on them: The religion of hatha yoga and renunciation of karma established by Shankaracharya, when it begins and when it ends. You can calculate the duration and the dates of any religion. All the different sects and cults and all the religions finish at the same time. You should churn these matters and then *act* upon them. Show the *contrast*: That is the establishment of Shankaracharya and this is the establishment of God Shivacharya. The result of this Raja Yoga continues for half a cycle. Shiv Baba comes when hatha yoga has to end and Raja Yoga has to be established. So, you should create pictures with such yuktis. That hatha yoga continues from the copper age till the end of the iron age. The kingdom of Raja Yoga continues for 21 births. Then write: That is hatha yoga in which they have to renounce their home and family, whereas here you have to renounce the entire old world. We have writing on all of our pictures. No other pictures have such writing on them. You can understand the dates and time of all of them. When you look at these pictures of the kingdom of Raja Yoga in your homes you will experience intoxication. You don't need to put your hands together in front of these pictures of the deities because you yourselves are becoming like them. When you see the pictures in front of you the mercury of your happiness will rise and you will be able to see your face in the mirror of your heart and ask yourself whether you are worthy to marry Shri Narayan or Shri Lakshmi. If you are not worthy, you would feel ashamed. Only those who stay in yoga and have their sins absolved can claim such a high status. This study is for the future, whereas all other studies are for this birth in this world. Keep it in your intellect that your study is for the future. Human beings keep in their *pocket* a picture of the one they worship, just as Baba used to keep a picture of Shri Narayan. However, he did not have the

knowledge that he was to become that. Now he knows that he will become that. Baba says: You can change from an ordinary man into Narayan. Therefore, you should keep this picture and the picture of the sannyasis in your *pocket*. When you explain these pictures to your friends and relatives, they will become very happy. Have mercy for them too. Then, whether they understand or not, it is your duty to explain to everyone that God is teaching us Raja Yoga. No one except God can teach us Raja Yoga and make us into Lakshmi and Narayan. Therefore, by looking at these pictures your mercury of happiness will rise. When people pass a temple on their way to work they stop and pray; that is devotion, whereas you now have the knowledge that you were those deities. You are the children of Jagadamba. Jagadamba carries out the task of transforming ordinary humans into Narayan. You too are doing this. You are also *master* Jagadambas. There are also temples built as your memorials. You are now sitting here in the living form. The explanation you give should be so *clear* that people can understand that that is the non-living Dilwala Temple, and that this Brahma Kumaris ashram is the living Dilwala Temple. Heaven is shown on the ceiling, and below are the images of tapasya. The temple is made so well. Therefore, create this picture and keep it at your work place so that it can remind you. You will also be reminded of Manmanabhav and the discus of self-realization. Shiv Baba is teaching us this and we are to become kings and queens. Make a picture for yourself and continue to caution yourself. We are changing from worshippers and becoming worthy of worship for 21 births. So, you will be able to *serve* yourself with these pictures, and also be able to *serve* others by explaining to them. The Father is pleased with such children. If the children do not *follow* the Father and become worthy, He would be displeased with them. He would say: Children, you are causing yourselves harm. By not following the path shown to you by the Father, your status is destroyed. You will receive a great deal of help through these pictures. You will also be able to explain very well to others that that is hatha yoga and this is Raja Yoga. Those gurus cannot teach this Raja Yoga. We are unlimited renunciates. The meaning of renunciation is renunciation of the five vices. They go to the forest in order to become pure, whereas we live at home and remain as pure as a lotus flower. This is why Vishnu has been portrayed with the ornaments. We are becoming like him. You also need to be very clever in explaining these things. The Father is clever. You also have to imbibe divine virtues. You should have a very *sweet temper*. Just look at the Father's *temper*; it is very lovely. Even though He is called the Death of all deaths, He is not so harsh. He explains: I come and take everyone back home. There is nothing to be afraid of in this. You children have to become beautiful by following shrimat. All of you souls will be made to shed your old bodies and come back home with Me. According to the *drama*, you have to return home. I am teaching you such actions that you will not have to repent for them, and then I will take you all back. I will also show you how you go and who will remain here. Later, as you come close, I will tell you everything. I will continue to explain new methods to you for as long as you live. When the Father's *directions* are put into practice, He is pleased. You will all receive help in *service* and your mercury of happiness will rise. Baba shows you many yuktis. Create large pictures to display at the *centres* so that people can see the *contrast*. Achcha.

To the sweetest, beloved long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Make your *temper* very *sweet*. Make yourself into a beautiful flower by following shrimat and becoming as lovely as the Father.
2. Have mercy on yourself. In order to caution yourself, keep your *aim* and *objective* in front of you. Also have mercy on your friends and relatives.

**Blessing:** May you be 'Brahma-chari' (one who follows in the footsteps of Brahma) and with the special imbibing of purity, experience supersensuous joy.  
The special imbibing of Brahmin life is purity. This is the special basis of constant supersensuous joy and *sweet silence*. Purity is not just celibacy, but it is also to be 'Brahma-chari'. To be constantly 'Brahma-chari' means to place your footsteps in the steps of Father Brahma's teachings. The steps of your thoughts, words and deeds should be placed in the footsteps of Father Brahma. The face and activity of those who are constantly 'Brahma-chari' will give the experience of introversion and supersensuous joy.

**Slogan:** In service, only those who have the *sense* to be trikaldarshi and have the *essence* of spirituality are said to be *serviceable*.

\*\*\* OM SHANTI \*\*\*